

## SUNDAY SCHOOL — WEEK 1

### Faith Foundations

**Lesson Title: What Is the Gospel?**

**January Focus: *Rooted in Christ***

3M



#### TODAY'S GOAL

**By the end of this lesson, you will understand:**

- what the gospel truly is
- why salvation is based on grace
- how the gospel applies to your life

3M



#### KEY SCRIPTURES

- Romans 1:16
- John 3:16
- Ephesians 2:8–9

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## OPENING THOUGHT

When you hear the word “gospel,” what do you think it means?



*Write your thoughts below:*

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## WHAT IS THE GOSPEL?

The word gospel means “good news.”

The gospel is not:

- church rules
- religious behavior
- being perfect

The gospel is the good news that God acted first.



*Read John 3:16*

God:

- loved
- gave
- invited us to believe



*In your own words, what does this verse say about God's love?*

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**GRACE, NOT WORKS**



***Read Ephesians 2:8–9***

**Salvation is:**

- a gift
- given by grace
- received through faith

**Grace means:**

- you don't earn salvation
- you don't fix yourself first
- you don't qualify yourself

**Good works matter —**

**but they come after salvation, not before it.**



***Why do you think it's hard for people to accept grace as a gift?***

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## DISCUSSION & REFLECTION

**Answer one or more:**

1. What does it mean to **receive the gospel instead of just hearing it?**
2. How does knowing salvation is a gift change how you see God?
3. Are you living from grace or trying to earn God's approval?



Notes:

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## PERSONAL APPLICATION

**Take a moment to reflect:**

- **Have I personally received the gospel?**
- **Am I trusting what Jesus has done, or striving to prove myself?**



***Prayer or reflection for this week:***

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**WEEK 1 TAKEAWAY**

**The gospel is not about what I do for God —  
it is about what God has done for me through Jesus Christ.**

**Strong faith starts with a strong foundation.**

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## SUNDAY SCHOOL — WEEK 2

### Faith Foundations

#### Lesson Title: Who Is Jesus?

January Focus: *Rooted in Christ*



#### TODAY'S GOAL

By the end of this lesson, you will:

- understand who Jesus is according to Scripture
- know why Jesus is central to the Christian faith
- reflect on who Jesus is to you personally



#### KEY SCRIPTURES

- Matthew 16:13–16
- John 1:1–14
- Colossians 1:15–17

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## OPENING THOUGHT

**When you hear the name Jesus, what comes to mind?**



***Write your thoughts below:***

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**WHO DO PEOPLE SAY JESUS IS?**



***Read Matthew 16:13–16***

**Jesus asked His disciples two questions:**



1. Who do people say I am?
2. Who do **you say** I am?

**Peter answered, “You are the Christ, the Son of the living God.”**

**This shows us that faith becomes real when Jesus is not just known publicly, but personally.**



***Why do you think Jesus asked this question?***

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**WHO JESUS IS IN SCRIPTURE**



***Read John 1:1–14***

**This passage teaches us that:**

- Jesus existed before creation
- Jesus is the Word of God
- Jesus became human and lived among us

God did not stay distant.

He came close.



*Read Colossians 1:15–17*

These verses tell us that:

- Jesus created all things
- Jesus holds everything together
- Jesus reveals what God is like



*What stands out to you about who Jesus is in these verses?*

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## DISCUSSION & REFLECTION

**Answer one or more:**

1. Why is it important to know who Jesus really is?
2. How does knowing Jesus came near affect your relationship with God?
3. What does it mean for Jesus to be Lord, not just Savior?



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## PERSONAL APPLICATION

**Take a quiet moment to reflect:**

- Is Jesus someone I know about, or someone I am learning to follow?
- How does knowing who Jesus is shape how I live?



*Personal prayer or reflection:*

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## WEEK 2 TAKEAWAY

Faith grows deeper when Jesus moves from a name we know  
to a Lord we follow.

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## NEXT WEEK

Week 3 — What Does It Mean to Follow Christ?

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## SUNDAY SCHOOL — WEEK 3

### Faith Foundations

**Lesson Title: What Does It Mean to Follow Christ?**

**January Focus: *Rooted in Christ***

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#### TODAY'S GOAL

**By the end of this lesson, you will:**

- understand what it means to follow Jesus daily
- recognize that spiritual growth is a process
- reflect on how faith shows up in everyday life

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#### KEY SCRIPTURES

- Luke 9:23
- Romans 12:1–2
- Galatians 2:20

## ● OPENING THOUGHT

What comes to mind when you hear the word disciple?

 *Write your thoughts below:*







## 🔍 THE CALL TO FOLLOW


📖 *Read Luke 9:23*

Jesus invites us to follow Him daily.

Following Christ is a choice we make again and again.

To follow Jesus means:

- trusting His direction
- surrendering control
- choosing His way over our own

 *What do you think “daily” following looks like in real life?*

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## 🔍 TRANSFORMATION OVER TIME

📖 *Read Romans 12:1–2*

This passage teaches that:

- growth happens through renewal
- change begins in the mind
- transformation is ongoing

📖 *Read Galatians 2:20*

Faith is not just something we believe —  
it is a life we live with Christ leading us.

 *What does it mean for Christ to live through you?*

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## 💡 DISCUSSION & REFLECTION

**Answer one or more:**

1. What makes following Jesus challenging at times?
2. How do daily choices affect spiritual growth?
3. What habits help you stay connected to God?

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## 🌐 PERSONAL APPLICATION



Take a moment to reflect:

- What is one area where God is calling me to follow Him more closely?
- What habit or practice can help me grow spiritually?

 *Personal prayer or reflection:*

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### WEEK 3 TAKEAWAY

Following Christ is not about perfection —  
it is about consistent obedience and trust.

## ■ SUNDAY SCHOOL — WEEK 4 (YOUTH STUDENT VERSION)

### Faith Foundations

#### Lesson Title: Why Community & Church Matter

January Focus: *Rooted in Christ*



#### 🎯 TODAY'S GOAL

By the end of this lesson, you will understand:

- why God created community
- why church matters
- how showing up helps you grow



#### 📖 KEY SCRIPTURES

- Acts 2:42–47
- Hebrews 10:24–25
- Ecclesiastes 4:9–12



#### ● OPENING THOUGHT

Who are the people you feel strongest with?

 Write below:

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## 🔍 WHY COMMUNITY MATTERS

📖 *Read Acts 2:42–47*

The early church:

- learned together
- prayed together
- helped one another
- grew together

Church is more than a building —  
it's people growing in faith together.

👉 What stands out to you from this passage?

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## 🔍 WHY CONSISTENCY IS IMPORTANT

📖 *Read Hebrews 10:24–25*

This verse reminds us:

- showing up matters
- encouragement helps faith grow
- we are stronger together

Faith grows with consistency, not perfection.

👉 How does showing up help you grow?

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## REFLECTION

Answer one or more:

1. Why do you think God wants us connected?
2. How does church help when life gets difficult?
3. What can you do to stay connected?



Notes:



## PERSONAL APPLICATION

Think about this week:

- Who can I grow with?

- How can I be more consistent?

 Personal prayer or reflection:

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 WEEK 4 TAKEAWAY

We grow better when we grow together.